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Dear Harold—

Thanks for keeping me informed. I will be answering all those letters in the next couple days. I owe Paul, Dick, etc a letter too.

I've been very overworked & preoccupied w/ emotional things. We've finally made the transition to a separate dept. of Psychology at the clinic and that has involved a lot of work & anxiety.

I've been going through a lot of changes in therapy. Because of some of what I became aware of, I decided to visit Phila. for Christmas. This required a lot of work. I expected to get down to visit you but when I got to Phila. there was no second car available. More crucial however, was that things didn't go well, either w/ my parents or w/ Maren, my old girlfriend. I ended up having a miserable time & the only constructive thing I did was visiting Phila.'s crisis services— I really wish I had said to hell w/ Phila. & visited you a day but I had a lot

invested in working things out in Phila. & ended up frustrated & disappointed & wasted the time there. In one sense it has turned out not to be wasted: that frustration led me to a # of very important realizations. As a final Coup D'gras, Marion ended the vacation by getting engaged to another guy! But at least I have now worked out my feelings about her. But I very much wanted to visit you & Lil since I haven't seen you in so long. I would liked to have met Jerry Policoff too if there had been time.

It was a rotten feeling coming back here w/out having done much of anything good in Phila — having not ventured out of Phila — having not seen you & Lil — depressed — & not even well rested. I was in need of a vacation! The first day back I was driving on a highway & a wheel came off my car & I was almost killed. (a mechanic's blunder.) But my friends here have really been supportive & I'm feeling much better now. It's just a matter of tackling that huge stack of letters.

Well, I have to go now. I'll write a longer letter soon. — Hope you & Lil are fine. Enclosed is a small Christmas gift I meant to send at Christmas.

Gary